



TRANSGENDER FAMILY RESOURCES

If you are a youth or adult with one or more transgender parents, we hope the following resources will give you opportunities to connect to community and find resources to support you. This list is also helpful for transgender parents and families looking for resources, support or advocacy opportunities. Please do not hesitate to email kidsoftrans@colage.org to connect with our Kids of Trans Fellow, Monica Canfield-Lenfest, for more information about our Kids of Trans Program.

GROUPS AND ORGANIZATIONS FOR TRANSGENDER PARENTS AND THEIR CHILDREN

COLAGE

A national organization that engages, empowers, and connects children of lesbian, gay, bisexual, and/or transgender parents. COLAGE aims to make the world safer and more just for kids of LGBT parents. Programs include: local chapters, online communities, visibility and support resources, Pen Pal program, the *Just For Us* publication, youth activism development, local and regional events, and national education and advocacy. The COLAGE Kids of Trans program offers workshops and presentations at national and regional events including the annual Southern Comfort and IFGE conferences as well as resources and programs specifically for people with one or more transgender parent/s. (415) 861-5437. Fax: (415) 255-8345 kidsoftrans@colage.org

FORGE – For Ourselves: Reworking Gender Expression

FORGE is a national education, advocacy and support umbrella organization supporting FTMs, partners, family member, and allies. Materials addressing racism, positive sexuality, violence, and transition. Many resources for building healthy families, resolving problems in relationships, and parenting skills. www.forge-forward.org. 414-278-6031

PFLAG

Maintains more than 450 affiliate chapters across the country. Some include members

of the Transgender Support Special Outreach Network. *Parents, Family, Friends of Lesbians and Gays*, (202) 638-1101 Fax: (202) 638-0243 PFLAG's transgender network (T-NET) can be found at <http://pflag.org/TNET.tnet.0.html>

National Center for Transgender Equality

NCTE works for the advancement of transgender people using collaboration, education, and empowerment. 202-903-0112. www.nctequality.org

NGLTF – Transgender Civil Rights Project

NGLTF is a national progressive organization working for LGBT civil rights. Their Transgender Civil Rights Project works to increase the number of state, local and federal laws that prohibit discrimination based on gender expression and identity. 202-393-5177 <http://thetaskforce.org/issues/transgender>

NCLR

NCLR advocates for the legal rights of transgender people in the area of parenting, custody/visitation, second-parent adoption, and other important issues. They also provide legal information and referrals. Call 800-528-6257 or visit www.nclrights.org.

Transgender Law and Policy Institute

A non-profit organization dedicated to engaging in effective advocacy for transgender people in our society. <http://www.transgenderlaw.org/>

EMAIL SUPPORT GROUPS

COLAGE on-line communities Moderated online lists for youth and adults with LGBT parents to build community, get support, and meet new people. Join an age-based list or sign up for the recently created Kids of Trans list. Just sign up on the COLAGE website <http://www.colage.org/programs/online/>

ACTP Yahoo Group

Moderated email group for adults (18 and over) with transgender parents. Email Zephyr117@comcast.net to sign up.

Genderqueer and Transgender Parenting List (GQTGParenting)

An inclusive community for parents and prospective parents who are transgender, transsexual, gender variant or genderqueer. Their homepage also features a resource list for transgender parents. <http://groups.yahoo.com/group/GQTGParenting/>

TSParenting Yahoo Group -Moderated email group for transsexual parents. You must request to become a member. Web Site: <http://groups.yahoo.com/group/TSParenting>

INTERNET RESOURCES & ARTICLES

COLAGE

Check our website for updates from the Kids of Trans program. Also, check out back issues of our newsletter, *Just For Us*, especially the ones focusing on gender and schools which each include sections about transgender families. You can request copies of the newsletter by emailing colage@colage.org. www.colage.org

FTM International

An international organization serving the FTM community. FTMI_AFLOAT is a listserv for significant others, family, and friends of FTMs. <http://www.ftmi.org/>

Fluff the Bunny

A children's story about a bunny's journey of gender discovery. <http://home.comcast.net/~fluffbunny/fluff.html>

Genderology

A directory of transgender resources on the world wide web. <http://genderology.com/>

Gianna Israel's Gender Library: Family

by G. Israel, Articles by a therapist giving advice to transgender people and their families, including a few essays for transgender parents about coming out to their children. www.firelily.com/gender/gianna/sections/family.html

Linda's Transsexuality Retreat: Links and Information for Transsexual Parents and Their Families

Website with links to various transgender family websites. The best links provide personal stories from a few trans families. <http://www.lasimpson.org/PARENTS.html>

My Father, She...

A blog created by the son of a transgender parent who was publicly fired from a private college when she transitioned. There are posts from the son and both parents. <http://blog.myfathershe.com/>

My Husband Betty Message Boards

Message boards created and moderated by Helen Boyd, author of My Husband Betty, with a focus on partners. Includes a forum devoted to raising kids. Users must log-in to view message board contents. <http://www.myhusbandbetty.com/community/forumdisplay.php?f=34>

The Queer Issue, Two Dads With a Difference—Neither of Us Was Born Male

P. Califia-Rice. Village Voice. June 21, 2000. <http://www.villagevoice.com/issues/0025/califia-rice.php>

A Seat on the SOFFA

A blog written by Monica Canfield-Lenfest about her work to increase visibility and develop resources for people with transgender parents. <http://supersoffa.blogspot.com>

Susan's Place, Transgender Resources

A good place to search for Transgender information, articles, groups and so on. website: <http://www.susans.org/>

Transfamily

Homepage of Transfamily of Cleveland, a support network created by the parents of a transgender person. This website includes links, email lists, books, and other resources for family members of transgender persons. www.transfamily.org

Transparency

A great website, dedicated to the protection of transgender people's right to be a parent,

and their love for their children.

www.transparency.org

Transsexualism FAQ for Significant Others, Friends, Family and Allies.

A Trans 101 for people close to someone undergoing a gender transition.

<http://www.tsfaq.info/cgi-bin/index.cgi>

With Change, Acceptance is Key: Two Brothers Share How They Coped When Their Father Decided to Become a Woman

Lane DeGregory. *St. Petersburg Times*. April 15, 2007.

http://www.sptimes.com/2007/04/15/news_p/Floridian/With_change_acceptan.shtml

BOOKS AND PUBLICATIONS

Dress Codes- Of Three Girlhoods--My

Mother's, My Father's, and Mine N. Howey, Picador USA, NY. 2002. The adult daughter of a straight mother and transgender father provides a memoir of moving observations, that captures the experience of growing up with a transgender father in suburban Ohio.

Families Like Mine: Children of Gay Parents

Tell it Like it Is. A. Garner. Harper Collins. 2004. This book interweaves the author's personal experiences of growing up with a gay father and straight mother, with those of other adult children of LGBT parents, based on 8 years of activism and over 50 interviews. Features several adults with one or more transgender parent/s. Abigail's website also featured archived advice columns to LGBT parents. www.familieslikemine.com

I Hope the Blood Never Washes Off Your Hands: Transgender Parenting Crossing the Lines,

by Loree Cook-Daniels, in *Home Front: Controversies in Nontraditional Parenting*, edited by Jess Wells. Alyson Books. 2000. An essay by the partner of an FTM parent who birthed their son, which examines the social challenges of transgender parenting.

Love Makes a Family: Portraits of Lesbian, Gay, Bisexual, and Transgender Parents and their Families, Peggy Gillespie. University of Massachusetts Press. 1999. A book filled with loving portraits and stories of LGBT families.

Luna. J.A. Peters. Little, Brown, and Co.2004.

A young adult novel written from the perspective of the sister of a transgender youth. Appropriate for ages 12 and up.

Out of the Ordinary: Essays on Growing Up with Gay, Lesbian, and Transgender Parents -

N. Howey, and E. Samuels (ed). St. Martin's Press. New York, NY. 2000. A unique anthology of stories written by teens and adults with lesbian, gay, and transgender parents. This is the largest collection of essays by people with transgender parents and is highly recommended for teens and adults.

The Ties That (Don't) Bind: Transgender Family Law and the Unmaking of Families.

by Taylor Flynn, in *Transgender Rights*, edited by P. Currah, R. Juang, and S. Minter. U of Minnesota Press. 2006. This essay provides an overview of family law as it has been applied to transgender parents.

Transformations: Cross-dressers and Those Who Love Them,

Mariette Pathy Allen. *Dutton*. 1989. Portraits of cross-dressers, some of whom are photographed with their children.

Trans Forming Families: Real Stories About Transgendered Loved Ones

M. Boenke. Waterford Press. 1999. Thirty one stories by spouses, parents, children, and friends exploring the journey, struggle, and delight of having a transgendered loved one.

Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families. *Arlene Istar Lev, Haworth Press. 2004.* A guide for therapists working with transgender clients and their families from a clinical and theoretical perspective.

Transgender Tapestry

A magazine focused on transgender living, featuring an advice column by therapist Ari Lev that often discusses family issues as well as an extensive resource section. *Published by the International Foundation for Gender Education (IFGE).*
<http://www.ifge.org/Category15-All.phtml>

Transition and Beyond: Observations on Gender Identity. *R. Vanderburgh, MA, LMFT. Q Press. 2007.* A book for therapists, family, and transgender people that explains the

many issues of gender transition, written by a trans therapist. One chapter focuses specifically on coming out to children.
<http://www.transtherapist.com/>

True Selves: Understanding Transsexualism for Family, Friends, Coworkers and Helping Professionals *M. Brown, and C. Rounsley. Jossey-Bass. 1996.* Practical information to help people close to a trans person to understand transgenderism.

Trumpet *J. Kay, Pantheon Books, 1998.* Fictional work that describes how a widow and adult son cope when the FTM father dies and his transsexuality becomes public.

MOVIES

The Adventures of Priscilla, Queen of the Desert. A road movie about three transgender women driving through Australia. Toward the end of the film, one character meets her young son. 1994. Written and directed by Stephan Elliot.

The Adventures of Sebastien Cole. A coming of age indie film about a teenager who lives with his transgender step-parent and engages in risky behavior. The parent's coming out scene is fairly realistic, but there is an unrealistic death that may be difficult for some viewers. 1998. Rated R. Written and directed by Tod Williams.

All About My Father. This documentary is a touching portrait of a well-respected doctor and cross-dresser in a small Christian community in Norway, told with warmth and nostalgia by the only person who could make such a film-- his son. 2002, Norway. Directed by Even Benestad.

No Dumb Questions. A film by Melissa Regan. This documentary follows three young girls' conversations about gender and acceptance when they learn that Uncle Bill will soon be Aunt Barbara. This is a good resource for talking to younger children about a family member's transition.
www.nodumbquestions.com

In My Shoes. A documentary film directed by Jen Gilomen and produced by the COLAGE Youth Leadership in Action Program. This film follows the lives of five youth from LGBT families and includes one youth being raised by her transgender (FTM) guardian. This is a great tool for raising public awareness of issues impacting COLAGERS.
<http://www.colage.org/inmyshoes/>

Normal An HBO film directed by Jane Andersen and starring Jessica Lange and Tom Wilkinson. This movie follows husband and father Roy through his coming out and transition, addressing the reactions of his wife, co-workers, and two children.
<http://www.hbo.com/films/normal/>

Southern Comfort. This tender documentary follows Robert Eads, a female-to-male transsexual, through the final year of his life as he battles ovarian cancer. One of Robert's adult sons is interviewed about his mom. 2001. Directed by Kate Davis.

Transamerica. The critically acclaimed film starring Felicity Huffman as a transgender woman who discovers she is the father of a grown son and embarks on a cross-country road trip. This movie explores issues of family, passing, and secrecy, and is intended for an adult audience. 2005. Directed by Duncan Tucker.

Transparent. A documentary film by Jules Rosskam about 19 female-to-male transsexuals living in the United States who have given birth and, in all but a few stories, gone on to raise their biological children. 2005. <http://www.transparentthemovie.com/>

You Don't Know Dick: Courageous Hearts of Transsexual Men. A documentary film

featuring six transmen reflecting on their experience of transition from female to male. One of the men has three grown children who are interviewed, one of whom is still struggling with her parent's transition. 1997. Produced and directed by Candace Schermerhorn and Bestor Cram.

SCHOLARSHIPS

Lee Dubin Scholarship sponsored by COLAGE

The Lee Dubin Scholarship is for students who have one or more lesbian, gay, bisexual, and transgender (LGBT) parents. The scholarship is to help fund undergraduate students who have a demonstrated ability in and commitment to affecting change in society and have financial need.

<http://colage.org/programs/academic/leedubin.htm>

The Transgender Scholarship and Education Legacy Fund

This scholarship is available to transgender students who wish to pursue a career social services, health care, religious instruction, teaching, or law. The requirements and deadline information is listed below.

Scholarship applications are available online at: <http://www.tself.org> (781) 899-2212 TSELF e-mail: carrie@tself.org

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